

DISSEMINATION MEETING OF THE OEMONOM PROJECT + INTENSE LEARNER MEETING ON VITAMINS (ILM)

HRADEC KRÁLOVÉ, June 18-25, 2023



Sunday June 18 – arrival of international guests and students

Monday June 19 (DISSEMINATION MEETING + ILM-day 1)

- **Faculty of Pharmacy in Hradec Králové**
 - ❖ 9⁰⁰ - 9³⁰ registration
 - ❖ 9⁴⁰ - 9⁵⁰ “Opening address of the dean” (*Assoc. Prof. Jaroslav Roh*)
 - ❖ 9⁵⁰ – 11³⁰ “Introduction of the OEMONOM project with emphasis on vitamins; novel discoveries in the field of vitamin K” (*Prof. Přemysl Mladěnka, lecture*)
- **Nové Adalbertinum**
 - ❖ 12⁰⁰ – 13⁰⁰ lunch
- **Faculty of Pharmacy in Hradec Králové**
 - ❖ 13³⁰ – 14³⁰ “Practical example of prepared materials – vitamin D” (*Dr. Jiří Janoušek, lecture*)
 - ❖ 14³⁰ - 15⁰⁰ coffee break
 - ❖ 15⁰⁰ departure to Josefov (a large historic defence complex of 18th century military architecture)
 - ❖ A guided tour of the fortress, walk around the fortress
- **Botanical Garden, Faculty of Pharmacy in Hradec Králové**
 - ❖ 20⁰⁰-23⁰⁰ dinner and social evening



Tuesday June 20 (ILM-day 2)

- **Faculty of Pharmacy in Hradec Králové**
 - ❖ 9³⁰-10⁰⁰ **Vitamin H** (*Assoc. Prof. Jana Pourová*)
 - ❖ 10⁰⁰-10¹⁵ coffee break
 - ❖ 10¹⁵-11³⁰ **Nuclear receptors** (*Dr. Alejandro Carazo*)
 - ❖ 11⁴⁰ – 12⁴⁵ lunch
 - ❖ 13⁰⁰-14⁰⁰ **Vitamin A** (*Dr. Carazo*)
 - ❖ 14³⁰ - 15³⁰ test on vitamin A, D, H and K. Discussion (*Prof. Mladěnka*)
 - ❖ Free evening



Wednesday June 21 (ILM-day 3)

- **Faculty of Pharmacy in Hradec Králové**
 - ❖ 9⁰⁰-10³⁰ **Reactive oxygen species and oxidative stress** (Assoc. Prof. Iva Boušová)
 - ❖ 10³⁰-11⁰⁰ *coffee break*
 - ❖ 11⁰⁰-12⁰⁰ **Vitamin E** (Dr. Eduard Jirkovský)
 - ❖ 12¹⁵ – 13⁰⁰ *lunch*
 - ❖ 13¹⁵-14⁰⁰ **Vitamin B₁** (Dr. Marie Vopršalová)
 - ❖ 14³⁰ - 15⁰⁰ *test on vitamin B₁ and E. Discussion* (Prof. Mladěnka)
 - ❖ 15⁰⁰-15³⁰ *coffee break*
- 15³⁰-16³⁰ a guided tour in **Hradec Králové**
- 16⁴⁵ departure to [Krňovice \(Outdoor Museum\)](#)
 - ❖ A tour and dinner in Krňovice



Thursday June 22 (ILM-day 4)

- **Faculty of Pharmacy in Hradec Králové**
 - ❖ 9⁰⁰-9³⁰ **Vitamin B₂** (Prof. Mladěnka)
 - ❖ 9³⁰-10⁰⁰ *coffee break*
 - ❖ 10⁰⁰-11³⁰ **Vitamin B₃** (Assoc. Prof. Marek Mátuš)
 - ❖ 11⁴⁵ – 12³⁰ *lunch*
 - ❖ 12⁴⁵-14⁰⁰ **Vitamin B₉** (Assoc. Prof. Mátuš)
 - ❖ 14¹⁵ - 15⁰⁰ *test on vitamins B_{2,3,9} Discussion* (Assoc. Prof. Matúš, Prof. Mladěnka)
 - ❖ 15⁰⁰-15²⁰ *coffee break*
 - ❖ 15³⁰ departure to Kuks (one of the most beautiful baroque complexes in the Czech Republic)
- **Kuks** (<https://www.hospital-kuks.cz/en>)
 - ❖ 16³⁰ – 18³⁰ *visit of the baroque complex and expositions of the Czech Pharmaceutical Museum (guided tour from 17⁰⁰)*
 - ❖ 19⁰⁰ *departure back to Hradec Králové*



Friday June 23 (ILM-day 5)

- **Faculty of Pharmacy in Hradec Králové**
 - ❖ 9⁰⁰-10³⁰ **Vitamin C** (Prof. Mladěnka)
 - ❖ 10³⁰-11⁰⁰ *coffee break*
 - ❖ 11⁰⁰-11⁴⁵ **Vitamin B₅** (Dr. Iveta Najmanová)
 - ❖ 12¹⁵ – 13⁰⁰ *lunch*
 - ❖ 13¹⁵-14⁰⁰ **Vitamin B₆** (Dr. Vopršalová)
 - ❖ 14¹⁵ - 15²⁰ **Vitamin B₁₂** (Prof. Mladěnka)
 - ❖ 15²⁰-15⁴⁵ *coffee break*
 - ❖ 15⁴⁵-16⁴⁵ *test on vitamin B_{5,6,12} and vitamin C. Discussion* (Prof. Mladěnka)
 - ❖ *Free evening*

Saturday June 24 (ILM-day 6)

- **Faculty of Pharmacy in Hradec Králové**
 - ❖ 9⁰⁰ - 10⁰⁰ test in MOODLE on vitamins
 - ❖ 10³⁰-11⁰⁰ coffee break
 - ❖ 10³⁰ - 11³⁰ discussion of the results
- 12⁰⁰ - 14⁰⁰ joint lunch
- Optional trip to the castle of **Hrádek u Nechanic**
(<https://www.zamek-hradekunechanic.cz/en>)
- 20⁰⁰-23⁰⁰ farewell cocktail (with handover of certificates) and dinner in the Botanical garden of the faculty



Sunday June 25 (ILM-day 7)

- ❖ *Departure*

